

# TAKE AWAY MENU

*Welcome to Flower Child, below is a list of the items we have available for takeaway.  
If you're planning on dining in with us, please ask one of our staffs about the dine in menu.*

## *Drinks*

**MILK OR BLACK COFFEE**  
**ICED LATTE**  
**FILTERED COFFEE**  
**SPECIALTY ORGANIC TEA**

**FRESH JUICES** *Large Size Only* **7.5**

Orange

Tropical - Watermelon, pineapple, passionfruit

Green juice - Kale, celery, apple

Immunity - Orange, carrot, ginger & lemon

Customise your juice + 1

**SHAKES & SMOOTHIES 7.5**

Nutella shake

Classic banana & blueberry

Lychee & mint

**CHILLED DRINKS**

Soft drinks 4

Still Water 4

Ginger Beer 5

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## ALL DAY BREKKIE

**BANANA BREAD** 8  
**CROISSANTS**  
**MUFFINS** 8.5  
**ALMOND CROISSANTS** 7.5  
**CAKES / TARTS** 8.5

**SOURDOUGH TOAST** 7  
Homemade jam, Vegemite, Peanut butter, Nutella  
*add avocado + 3*

**HAM, CHEESE & TOMATO CROISSANT** 10.5  
**CHIPS** 8 / **SWEET POTATO CHIPS** 11  
**CHICKEN NUGGET** 8

### **ACAI BOWL** 18

Acai, banana, strawberries, blueberries, shredded coconut, chia seeds, almonds & house baked granola  
*(add peanut butter +1 or gluten free + 1)*

### **BACON & EGG BURGER** 16

Soft folded eggs with chives, crispy bacon, caramelised miso onions, cheddar cheese & chipotle mayo  
*Add Hashbrown + 4 or Add Avo +3*

## CLASSIC BURGER

### **AUSSIE CHEESE BURGER** 24

Grilled grass-fed beef served medium, caramelised onions, butter lettuce, tomato, Swiss cheese, pickles with special sauce on a sesame seed milk bun served with fries

*Swap chips to sweet potato fries +3*  
*add bacon +4 / fried egg +3*

### **CRISPY CHICKEN BURGER** 24

Crispy double fried chicken, harissa aioli with carrot and cucumber slaw served on a sesame milk bun

*Swap chips to sweet potato fries +3*  
*add bacon +4 / fried egg +3*

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## HEALTHY BOWL 14

### THE VEGAN BOWL

Rainbow quinoa salad with mixed herbs, carrot & beetroot served with a creamy miso dressing, watermelon radish, avocado, edamame, sweet potato, pickled cabbage, truss tomatoes & beetroot hummus garnished with crispy shallots

### COUS COUS BOWL

Cous cous, raisins, mixed herbs, peas, zucchini, fetta, pomegranate & pine nuts with a zesty lemon vinaigrette & mint yoghurt

### SOBA NOODLE BOWL

Soba noodle salad and ponzu dressing with snow pea sprout, edamame beans, blood orange, sugar snap, cashew nuts, red radish, spring onion, sesame seeds

## THEN, ADD YOUR PROTEIN

- AVOCADO 4
- FREE RANGE EGG 3
- TWO TRADITIONAL VEGAN FALAFELS 5
- GRILLED HALOUMI 4

- SLOW COOKED LAMB SHOULDER 8
- GRILLED CHICKEN 8

## Signature WRAPS

### THE FALAFEL WRAP 16

Traditional house made falafel with rocket, tomato, beetroot hummus with pickled cabbage and mint yoghurt dressing

### CHICKEN WRAP 17

Chicken with rocket, tomato, chipotle mayo and pickled cabbage